

BEEF MEATBALL Cassoulet

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a Masterclass in Meat...

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Consumer Shopping List

16 meatballs (approximately 500g) 220g diced Chorizo (Optional Spanish Twist) 2 Peppers, chopped, 1 Red Onion, diced 1 tin Haricot Beans, 1 Tin Tomatoes (400g), 200ml Water

Consumer Method

Add the peppers, red onion and drained haricot beans in the slow cooker pot.

Blend the Cassoulet Sauce Sachet with the water and add to the slow cooker pot along with the tinned tomatoes, stirring thoroughly.

Now add the meatballs to the slow cooker pot.

Cover and cook for 4 hours on HIGH or 8 hours on LOW or until the meat is tender and cooked through (keep covered during cooking, cooking times may vary between models)

Remove the lid and stand for 5 minutes before serving.

Serving Suggestion

Serve in a scooped out loaf of crusty bread with a side helping of tender steamed green vegetables.

Ask your butcher about next months deicious meal.



About the Q Guild

We represent the highest quality butchers and independent meat retailers in the UK. Our 116 members from Inverness to Cornwall, serve £3 million worth of outstanding meat and related products to over a quarter of a million discerning UK consumers every week.

Our quality butchers are award winning, leading experts in their field. Quality, passion and craft skills run through their veins. The Q Guild brand is a seal of excellence.

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