

## **SALTIMBOCCA “Jump in to your mouth” In Italian**

### **Ingredients**

1 x Chicken Breast, Sliced into 2, to create 2 separate Fillets

(Slightly battened out, to make flatter)

10 x small piece of Fresh Sage, dotted equally over one side of Fillet

1 x slice of Parma Ham

Medium/Corse Polenta Powder to coat

### **Cooking Instructions**

1. Pan Fry in little bit of oil on a medium flame/heat, Parma Ham side down first for 4 minutes.
2. Turnover and repeat for 3 minutes.
3. Finish with a squeeze of Fresh Lemon.

